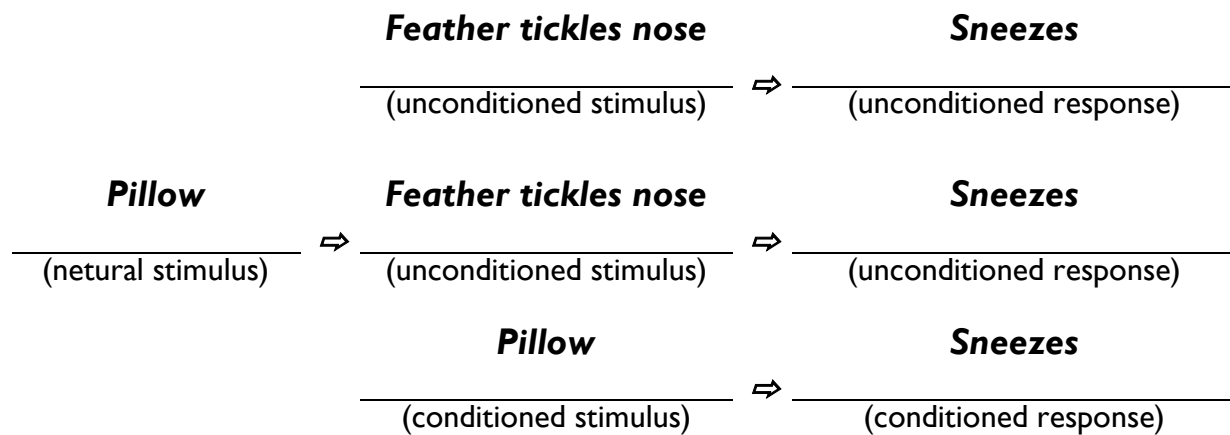


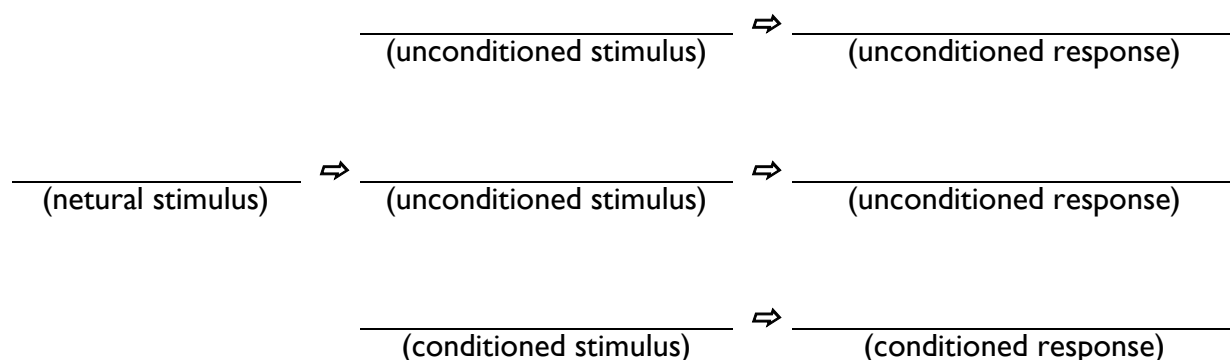
Classical Conditioning Examples

EXAMPLE

Fred has a fluffy down pillow with some of the down sticking out of the fabric. When he first tries out the pillow, a piece of down tickles his nose and he sneezes. This happens every time he goes to bed. Soon he sneezes every time he lays down on any kind of pillow.

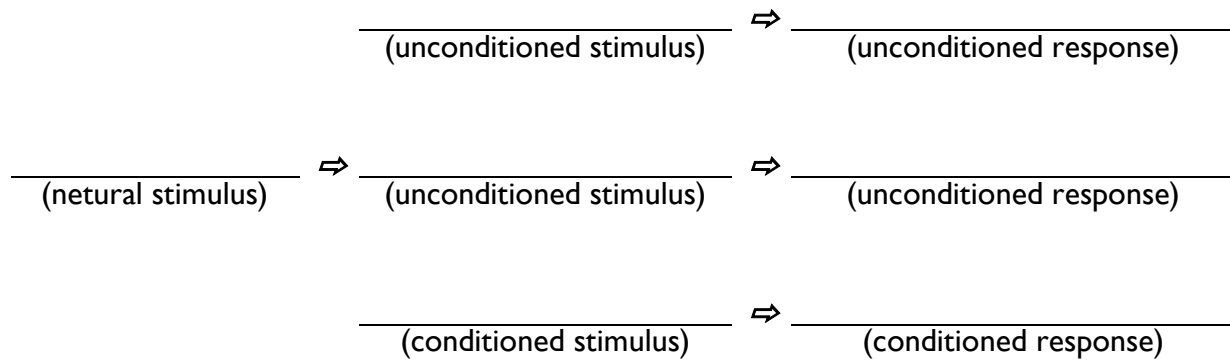


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- I. Every time you take a shower, someone in the house flushes the toilet causing the water to turn cold and you jump out of the water. Now every time you hear a toilet flush you jump out of the water.

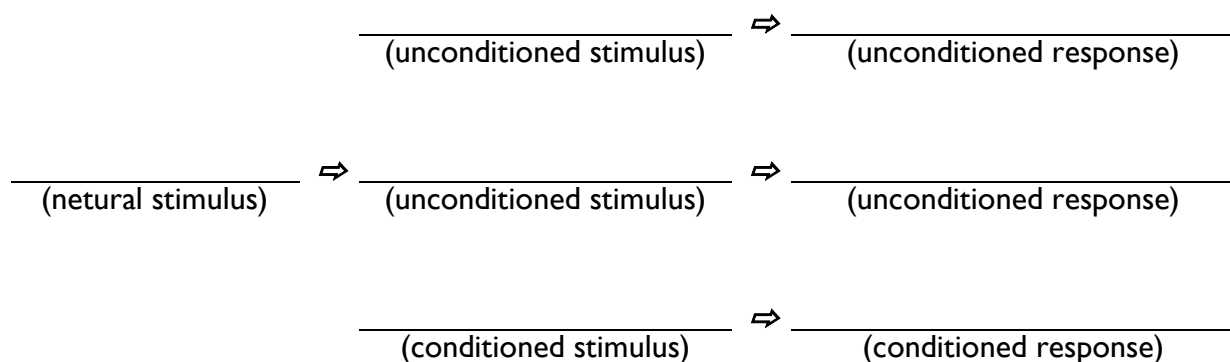


Classical Conditioning Examples

2. It is springtime and the pollen from the flowers causes you to sneeze. Soon you are sneezing every time you see a flower.

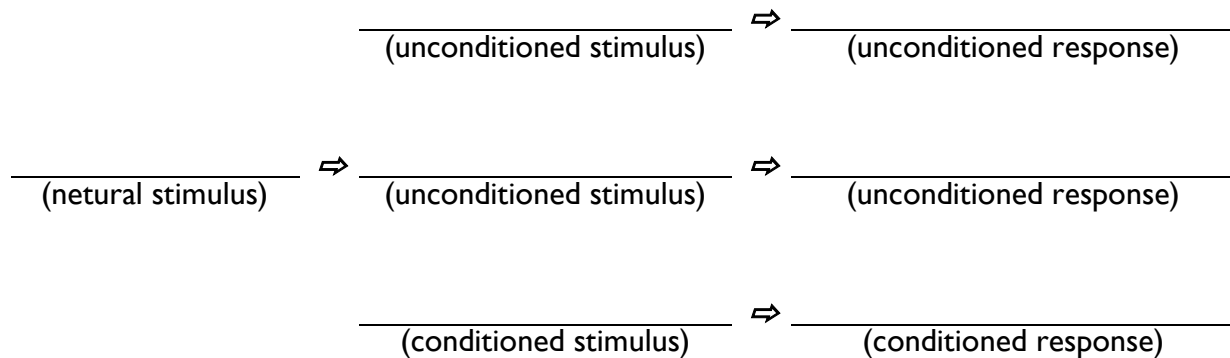


3. In order to treat bedwetting, a pad that is sensitive to dampness is placed under sheets. When this pad becomes wet, it sounds an alarm and you wake up. Eventually you don't need the alarm because your full bladder wakes you up.

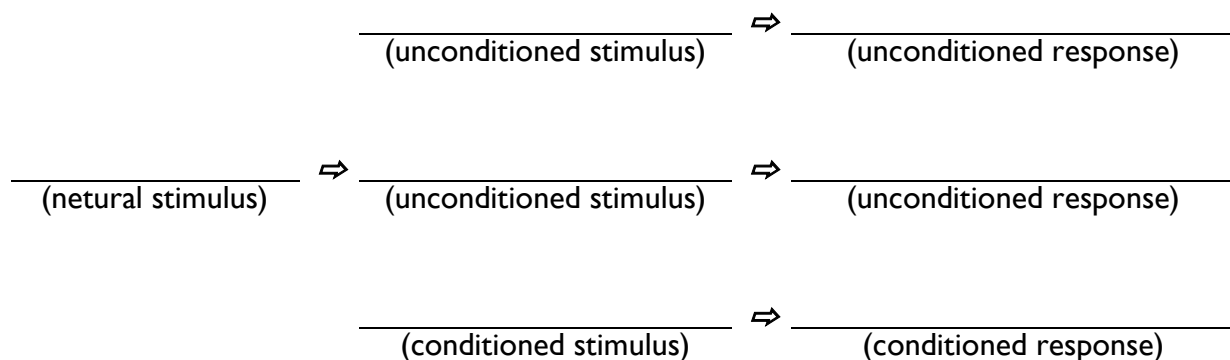


Classical Conditioning Examples

4. People receiving chemotherapy often vomit during or shortly after the procedure. After several chemotherapy sessions, people begin feeling sick at the sight of the treatment room

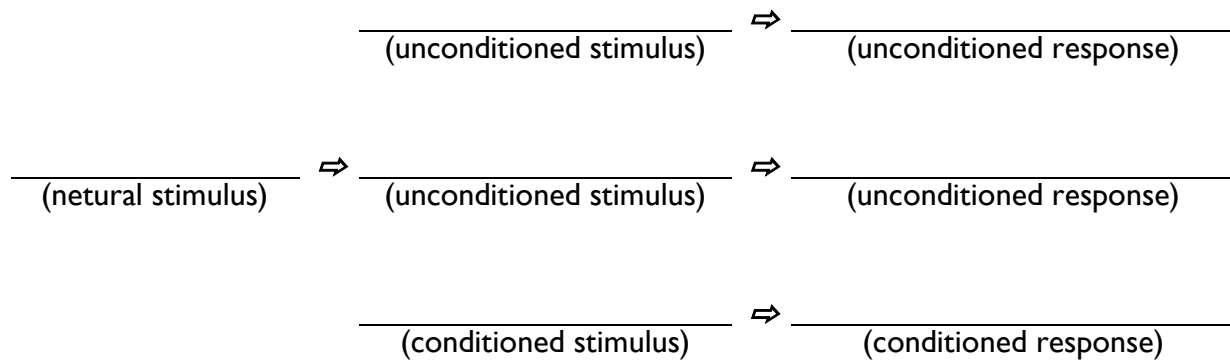


5. Sanjay went to the doctor to get his first vaccination and got upset and cried when he received the shot because it hurt; he also had the same reaction after receiving his second and third vaccinations. Now Sanjay begins to get upset and cry when his father tells him he is going to the doctor.



Classical Conditioning Examples

6. The smell of food makes you hungry. Soon every time you go into the kitchen you feel hungry.



7. Jordan watched a scary movie, which made him very scared. When he hears the music from the movie it makes his heart race and he gets scared.

