# Human Behavior

## Individual Project

### **Project Objective:**

Discuss the complexity of human behavior by looking at its biological and environmental influences

#### Introduction

Most people know right from wrong and when we are witnesses to acts of violence or bizarre behavior most of us would say something like, "How could a person be so horrible. I could never do such a thing." However human behavior is very complex and shaped by so many factors that really we don't know exactly what we would do until the moment came upon us. That's what happened to some young men who volunteered for a study in Palo Alto, California in 1971 in the infamous <a href="Stanford Prison Study">Stanford Prison Study</a>. In his simulated prison on Stanford's campus, Philip Zimbardo embarked on a study of the dark side of human nature. Sure good people do good things, but do good people do bad things also? This project explores this complexity of behavior.

Students will learn about the Stanford Prison Study, the BBC's Prison Study, and the scandal at Abu Ghraib, reflect on many of the theories from Modules C and D, and then discuss their conclusions in their group discussion area. First students should...

- A. Review the Slide Show at the Stanford Prison Study Website: <a href="http://www.prisonexp.org/">http://www.prisonexp.org/</a>
- B. Read this article comparing the Stanford Prison Study to the Abu Ghraib scandal: <a href="http://www.slate.com/id/2100419/">http://www.slate.com/id/2100419/</a>
- C. Review the BBC's version of the Prison Study: <a href="http://www.bbcprisonstudy.org/bbc-prisonstudy.org/bbc-prisonstudy.php">http://www.bbcprisonstudy.org/bbc-pri

In addition students can review any of these optional resources to better understand behavior:

- Watch Philip Zimbardo at the TED conference: <a href="http://blog.ted.com/2008/09/23/how\_ordinary\_pe/">http://blog.ted.com/2008/09/23/how\_ordinary\_pe/</a>
- Read "Celebrating Heroism" by Zeno Franco and Philip Zimbardo: <a href="http://www.lucifereffect.com/heroism.htm">http://www.lucifereffect.com/heroism.htm</a>
- Read "Resisting Influence" by Philip Zimbardo and Cindy X. Wang: <a href="http://www.lucifereffect.com/guide.htm">http://www.lucifereffect.com/guide.htm</a>

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Format: Group Discussion only

Part I Due Date: by 11:59pm Friday in Week 10

Once students have drawn some conclusions about factors that influence behavior, students should then compose an original message in their group discussion forum and answer the following questions.

#### **Personal Reflections**

- I. What are your initial reactions to the Stanford Prison Study? Were you surprised at the behaviors displayed by the guards or prisoners? Why or why not?
- 2. How do you think that you might have reacted if you were a guard or prisoner in this Study?

### **Behavior Analysis**

- 3. What factors played a significant role in shaping the behavior of the prisoners and the guards in the Stanford Prison Study and the BBC's Prison Study?
- 4. How do these studies help to explain some of the behaviors that took place in the scandal at Abu Ghraib?
- 5. How can personality, temperament, learning, or other social psychological concepts help to explain how good people can do bad things? Or how good people can do good things?

Part 2 Due Date: by 11:59m Sunday in Week 10

Students should <u>discuss</u> the complexities of human behavior in their group discussion forum with each other. Respond to the posts of <u>at least one</u> of your classmates and react to their analysis. Do you agree or disagree? What have you learned about behavior that might support or contrast to this student's analysis? Be sure to demonstrate what you've learned rather than just respond with "I think" or "I agree" statements. Students will be scored on their demonstrated knowledge and engagement. The more involved and analytical you are, the higher your score!

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### **Grading Rubric**

This project is worth up to 50 points and students will be evaluated using the questions below:

- Did the student's post his/her initial thoughts and meet the Friday deadline? (Part 1)
- Did the student demonstrate understanding about human behavior based on the Stanford Prison Study, the BBC Prison Study, and research on Abu Ghraib? (Part 1)
- Did the student's analysis incorporate ideas or theories that have been learned this semester? (Part I)
- Was the student actively engaged with their peers in the discussion? (Part 2)
- Did the student contribute positively to the learning experience? (Part 2)

	Each	of these	questions	will be	scored	using a	10-point	Likert scal	e:
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Not at all			Minimal	Ave	erage	Good	Very	Good /

## **Tips to Maximize Points**

**Apply concepts and theories.** Anytime you are asked to post an analysis in a project you will be scored on your demonstrated understanding of the concepts you've learned as they relate to the topics you are discussing. Therefore to maximize points you should discuss concepts that were presented in the lesson(s) and apply them clearly when answering posted discussion questions. You are not expected to apply all of the concepts but you will be scored on how well you explain the ones that you do choose to apply in this project.

**Stay actively engaged.** You should be sure to pick projects that you find interested because you will feel compelled to engage in discussion with your group. If you are regularly participating in the process you will be creating opportunities to earn points by applying the concepts and theories you are learning about. There is no formula for how many times you have to post, however as a general rule it would be impossible to maximize points if you have only posted one time.

**Pay attention to project deadlines.** All of the projects require discussion and/or cooperation with others and the deadlines are designed to facilitate this process, so pay close attention to those deadlines. Although the Friday deadlines do allow for late submissions by Sunday (with a 5 point penalty), there are no late submission for Sunday deadlines.