Sexual Expression Module Objectives

Chapter 8 – Love and Communication in Intimate Relationships

1. Analyze similarities and differences in attitudes toward love and relationships by gender and sexual orientation.

2. Contrast Lee’s styles of love with Sternberg’s triangular theory of love.

3. Identify the biology of love, including the brain structures and hormones involved.

4. Discuss the relationship between the infant-caretaker relationship and attachment in adult love relationships.

5. Compare verbal and non-verbal communication patterns by gender and culture.

6. Evaluate communication styles by relationship status (e.g. single, new, established) as they relate to relationship satisfaction.

7. Describe the keys to good sexual communication, including self-disclosure, trust, and feedback.

8. Describe sexual conflicts, including sex and power issues, the characteristics of conflict resolution in happy and unhappy couples, and strategies for resolving conflicts.

Chapter 9 - Sexual Expression

9. Contrast erotophilic and erotophobic attitudes.

10. Examine the elements of sexual attractiveness along gender and orientation lines and discuss the impact of the halo effect.

11. Discuss the roles of cultural, interpersonal, and intrapersonal scripts.

12. Evaluate the role and function of autoeroticism, including sexual fantasies, dreams, and masturbation through the life cycle.


14. Analyze the complexity of sexual expression, including its various behavioral manifestations (e.g. vaginal sex, oral sex, anal sex, etc.).
Chapter 10 – Atypical and Paraphilic Sexual Behavior

(Analyze) 15. Contrast atypical sexual behavior and paraphilic sexual behavior.

(Comprehension) 16. Differentiate domination and submission from sadism and masochism.

(Comprehension) 17. Identify and describe the characteristics of non-coercive paraphilias.

(Comprehension) 18. Identify and describe the characteristics of coercive paraphilias.

(Analysis) 19. Discuss the characteristics of pedophilia by gender, origins, and behavior.

Chapter 13 – The Sexual Body in Health and Illness

(Analysis) 20. Differentiate anorexia, bulimia, and binge eating disorder including their origins and effects on sexual expression.

(Comprehension) 21. Discuss the effects of alcohol and various drugs on sexual expression, including their relationship to sexual risk taking.

(Comprehension) 22. Summarize the effects of aging on sexual expression.

(Comprehension) 23. Describe the physiological changes that occur during menopause and the male climacteric and their effects on sexual expression.

(Comprehension) 24. Discuss issues of sexuality and disability with reference to the special needs of those with physical limitations and developmental disabilities.

(Analysis) 25. Evaluate the impact of different physical health illnesses by gender as they effect sexual expression.

Chapter 14 – Sexual Function Difficulties, Dissatisfaction, Enhancement, and Therapy

(Knowledge) 26. Identify the clinical indications for a diagnosable disorder according to the DSM.

(Comprehension) 27. Differentiate the characteristics of sexual disorders, sexual desire, sexual arousal disorders, orgasmic disorders, and sexual pain disorders.

(Analysis) 28. Compare the physical and psychological causes of sexual dysfunction by gender.

(Comprehension) 29. Discuss therapeutic models for treating sexual dysfunctions, including cognitive behavioral, psychosexual, PLISSIT, & self-help and group therapies.

(Analysis) 30. Explain how Viagra works and evaluate the research and contra-indications of this method of sexual enhancement.

(Comprehension) 31. Discuss sexual enhancement strategies, including the use of lubricants, hormones, surgery, drugs, and devices.