

Chapter 16 Objectives

PSYC 356

1. Discuss the relationship between HIV and AIDS, and the criteria used to make an AIDS diagnosis.
2. Discuss the stigma that surrounds HIV and its effects on sexual behavior.
3. Explain what a retrovirus is and why it is difficult to treat.
4. Summarize the phases of an HIV infection.
5. Discuss the myths and realities of transmitting HIV, including fluids which carry the virus and behavioral modes of transmission.
6. Identify cultural factors that increase the risk of HIV transmission amongst African Americans, Hispanics/Latinos, Asians/Native Hawaiians/Other Pacific Islanders, and American Indians and Alaska natives.
7. Discuss risky sexual behaviors that contribute to the spread of HIV amongst men that have sex with men (MSM).
8. Identify cultural factors that increase the risk of HIV transmission for women, children, youth, and older adults.
9. Identify factors that increase the risk of HIV transmission by geographic region.
10. Discuss 4 strategies to protect ourselves from an HIV infection.
11. Evaluate the use of PrEP in preventing the spread of HIV infection.
12. Evaluate the effectiveness of sexual risk reduction interventions and syringe exchange programs in reducing the spread of HIV.
13. Identify risky sexual behaviors that should compel persons to get tested for HIV.
14. Explain how an HIV diagnosis is established and confirmed.
15. Evaluate ART, HAART, and cART treatments and their effects.
16. Describe current and future directions for HIV and AIDS prevention and treatment.
17. Discuss the issues a person faces when living with HIV.