

# Chapter 3 Objectives

PSYC 356

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## Chapter 3 – Female Sexual Anatomy, Physiology, and Response

1. Locate and describe the internal and external structures and functions of the female reproductive anatomy.
2. Identify 7 purposes of female sex hormones.
3. Identify the origins of the female sex hormones (pituitary and ovarian).
4. Identify the primary functions of estrogen and progesterone.
5. Explain the primary changes that occur during the four stages of the ovulatory cycle.
6. Discuss different strategies for managing the menstrual cycle, internally and externally.
7. Explain the primary changes that occur during the three stages of the menstrual cycle.
8. Differentiate premenstrual syndrome, menorrhagia, dysmenorrhea, and amenorrhea.
9. Explain how ovarian hormones regulate the menstrual cycle.
10. Explain how pituitary hormones regulate the ovarian cycle.
11. Summarize the research and its findings on sexual fluidity, including its limitations.
12. Contrast models of sexual response using the Master's & Johnson Four Phase Model of Sexual Response, Kaplan's Tri-Phasic Model of Sexual Response, and Loulan's Sexual Response Model.
13. Explain the dual control model of sexual response, its findings and criticisms.
14. Discuss the influences of desire, the brain, senses, and hormones in sexual arousal.
15. Describe the physiological changes that occur when a woman experiences sexual arousal and orgasm.